



Military Brotherhood MMC

SOP 9 – Rev: 23 Jan 20

Standard Operating Procedure (SOP) 9 Riding and Road Safety

General.

1. Military Brotherhood MMC encourages safe and responsible riding at all times.
2. The following minimum guidelines are to be observed by all members when on a Club run, or when riding individually.
 - a. Make sure your bike is fuelled before departure
 - b. Make sure your bike is registered and in a safe, roadworthy condition.
 - c. Pay attention to start times - don't be late!
 - d. Pay attention to the ride Brief.
 - e. Never pass the Road Captain or the designated Road Captain.
 - f. Ride in staggered formation, never side by side (ref Annex A).
 - g. On a winding or narrow road, ride in single file only (ref Annex A).
 - h. Ride in the same lane as the Road Captain or the designated Road Captain in/on a multi lane highway.
 - i. Be aware of your braking distance from the vehicle in front of you, respect the other riders' road space *at all times*. Never ride in a rider's blind spot!
 - j. If you break down, stay with your bike in clear view of the last rider and breakdown vehicle if attending. A Club member will return to assist.
 - k. If you are a solo (single rider) stop for a breakdown to offer a lift if needed.
3. The First Aid kit will be carried by the SSM and/or backup vehicle if attending!
4. The following minimum requirements will be applied by the Road Captain or the designated Road Captain when riding in a club activity or group.



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- a. Brief all members on the intended route and stops for breaks;
- b. Note the number of bikes and support vehicles prior to leaving a location;
- c. The Road Captain or the designated Road Captain will be the last member to mount their motorcycle, ensuring that all members are within the group and ready to depart a location (the Road Captain or he designated Road Captain must not mount their motorcycle or leave until all members are accounted for);
- d. When leaving a location, the Road Captain or the designated Road Captain shall ensure that the start speed of the group is adequate to ensure all riders catch up to the group (only then is the Road Captain or the designated Road Captain to increase speed to the lawful speed limit);
- e. During the ride each member shall be aware of the rider immediately behind them and shall ensure that they slow and/or pull over if that rider immediately behind them has slowed or pulled over;
- f. No member shall leave the moving group until the group has pulled over and stopped;
- g. When the group stops, the Road Captain or the designated Road Captain shall conduct a number count to ensure all riders within the group are accounted for before the group recommences the run;
- h. A 'tail end Charlie' is to be nominated by the Road Captain or the designated Road Captain to assist with monitoring all riders and remaining with a break-down until the group returns and/or the issue is resolved.

Emergency Call 000 or 112

5. **112** can be dialled on any GSM digital mobile phone, in any area that your mobile service has GSM mobile coverage.
6. In areas where you are out of your service provider's coverage area but in another mobile carriers coverage area dial 112.
7. Note: When dialling the emergency call service from any mobile phone, you will need to state your exact location to the operator.



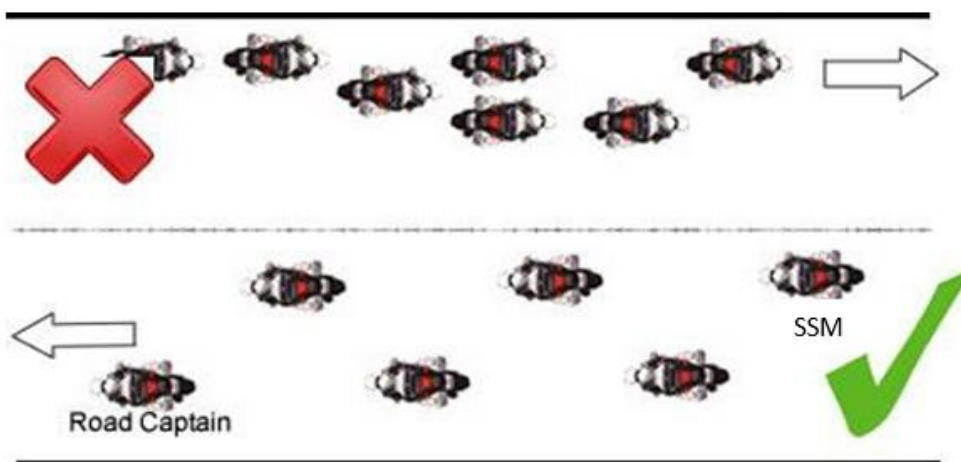
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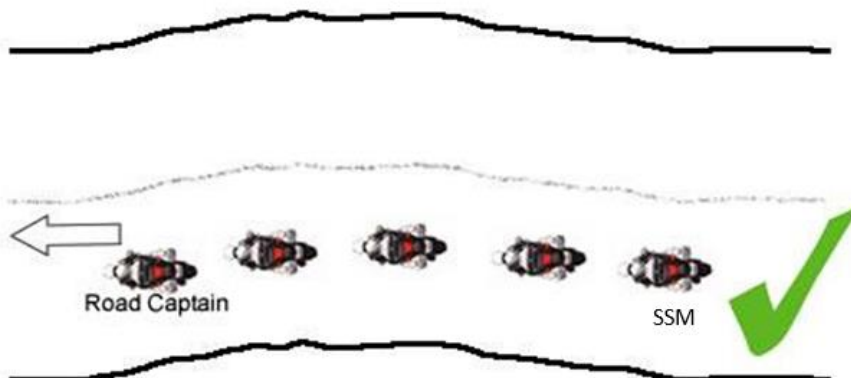
ANNEX A TO
SOP 9 RIDING AND ROAD SAFETY
12 Jan 2020

Road Formations During a Run

Staggered File on good roads



Single File on tight winding roads





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Left turn
Arm and hand extending left, palm facing down



Right turn
Arm out, bent at 90° angle, fist clenched.



Stop
Arm extended straight down, palm facing back.



Speed Up
Arm extended straight out, palm facing up, swing upward.



Slow Down
Arm extended straight out, palm facing down, swing down to your side.



Follow Me
Arm extended straight up from shoulder, palm forward.



You Lead/Come
Arm extended upward 45°, palm forward pointing with index finger, swing in arc from back to front.



Hazard in Roadway
On the left, point with left hand; on the right, point with right foot.



Single File
Arm and index finger extended straight up.



Double File
Arm with index and middle finger extended straight up.



Comfort Stop
Forearm extended, fist clenched with short up and down motion.



Refreshment Stop
Fingers closed, thumb to mouth.



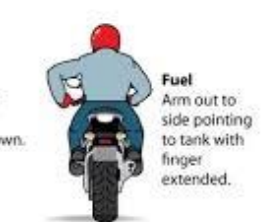
Turn Signal On
Open and close hand with fingers and thumb extended.



Pull Off
Arm positioned as for right turn, forearm swung toward shoulder.



Cops Ahead
Tap on top of helmet with open palm down.



Fuel
Arm out to side pointing to tank with finger extended.